Photo of me

My One Page Profile

My name is *[insert name]*

I am *[age]* years old

I live in *[town/village]* with my *[insert family members]*

How I communicate:

*(e.g. verbal/non-verbal, PECS, vocalisations etc. Include ‘If I do this, it means…’ and level of understanding if known)*

Photo of motivator

(Delete if not applicable)

Things I like:

*(e.g. singing nursery rhymes, fidget toy, iPad etc)*

Things I don’t like:

*(e.g. being touched, loud noises, wearing my coat etc)*

Photo of something that helps (e.g. ear defenders)

(Delete if not applicable)

You can help me by:

*(e.g. giving me my ear defenders, using minimal language, giving me squeezes on my arms, letting me sit by the window, showing me photos of where I am going etc)*